

## **TEETH WHITENING CONSENT FORM**

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

### **FACTS**

The active ingredient in teeth whitening is carbamide peroxide in a glycerin base. If you know of any allergy or adverse reaction to either ingredients please do not proceed with treatment.

Bleaching can only be done in a healthy mouth.

Fillings and crowns do not bleach and may need to be replaced afterwards.

The amount of color change is difficult to predict and desired results cannot be guaranteed.

Bleaching may cause sensitivity which can normally be controlled.

The bleach does not change the tooth color adjacent to the gum very much

Some causes of discoloration are more difficult to bleach (Ex tetracycline staining usually takes 6 months)

Color stability varies and you should wait at least 2 weeks after whitening is completed for additional cosmetic procedures

As with any treatment there are benefits and risks. The benefit is that teeth can be whitened fairly quickly in a simple manner. The risk involves the continued use of the peroxide solution for an extended period of time.

Research indicates that using peroxide to bleach teeth is safe. There is new research indicating the safety for use on the soft tissues (gingiva, cheek, tongue, and throat). The long-term effects are as yet unknown.

Although the extent of the risk is unknown, acceptance of treatment means acceptance of risk.

### **INSTRUCTIONS**

Avoid smoking during treatment and reduce staining foods such as tea, coffee, red wine, etc.

Brush your teeth before and after bleaching. Brush the trays with your normal toothbrush and tooth paste.

Apply no more than 1/3 to 1/2 of syringe gel per tray and wear for 30 minutes per day.

To reduce sensitivity following treatment, remove trays, rinse and apply Prevident 5000 gel in trays and wear for 10 minutes. This high fluoride gel is available by prescription only.

Normally desired results will be completed in about 2 weeks.

If you still develop sensitivity, try bleaching every other day or every 3<sup>rd</sup> day instead of every day; overall bleaching time will be extended

Do not bleach your teeth if you are pregnant. There have been no reports of adverse reactions, but long term clinical effects are unknown

Once treatment is completed keep the trays in a safe place; they can be used for maintenance

I have read the above information and understand the program information and requirements. I have read and received a copy of this information sheet. I consent to the treatment and accept the risks described above. I

consent to photographs being taken. I understand that they may be used for documentation and for illustration of my treatment.

Signed Patient: \_\_\_\_\_ Date: \_\_\_\_\_

Disclaimer: Eunson Family & Cosmetic Dentistry, its doctors and staff have the right to refuse Free Whitening for Life offer if deemed necessary based on patient health conditions, misuse, abuse, or any other factor deemed necessary to void offer. We reserve the right to change product type, amount, frequency of distribution, terms of agreement for any necessary reasons.